

Powered by Avera Sports

2nd-4th Grade Boys/Girls Advanced Offensive Basketball Skills

Location: Avera Sports Center (85th & Minnesota)

Cost: \$129

\$129 Please make checks payable to Avera Sports Center

Payment is collected on the first day of workouts.

Athletes will receive a Warwick Workout Hoodie or Sweatshirt

Weekly Workouts are the foundation to be coming a skilled basketball player. Athletes of all skill levels will benefit from the intensity and progression of weekly workouts. The foundational skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. The routines and drills taught during Warwick Workouts provide athletes with an easy transition to incorporate the skill development work into their individual or team workouts.

| Thursday, January 15 | 4:30-5:45 |
|-----------------------|-----------|
| Thursday, January 22 | 4:30-5:45 |
| Thursday, January 29 | 4:30-5:45 |
| Thursday, February 5 | 4:30-5:45 |
| Thursday, February 12 | 4:30-5:45 |
| Thursday, February 19 | 4:30-5:45 |
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Register online at

www.warwickworkouts.com

Find your session under the register for workouts tab

Contact Kris Warwick with questions about weekly workouts Email: warwickworkouts@gmail.com

Cell: 391-6700 (Kris)

WHERE CHAMPIONS TRAIN.